

Finding the Flex Voices

Parent/Carer

Claire is mum to three boys and works as a TA in a school. Her older sons have had some time home educating and her youngest (now 9, in Year 5) has been flexischooled from Reception.



Families who request flexischooling appreciate that this is not a day off. They have a desire to support their child by facilitating some of their learning in a calmer, more relaxed and holistic manner.

Why flexischooling?

1

He is a summer born baby and had only just turned four when school started.

2

I felt five days a week would be overwhelming for him.

3

We bang the drum about mental health. Flexischooling is a way to use kindness and creative thinking to prevent difficulties arising.

4

At home, I can help him learn through play and connection.

5

As time has gone on, I believe that I am helping to prevent overwhelm and burnout further down the line.

The benefits we've seen

Flexischooling has allowed my son to have a gentler, more holistic education. He has spent time learning through topics that he finds interesting and has read books that are meaningful to him. This approach has kept his curiosity and love for learning alive, as he continues to explore subjects through play and his own interests.

He has never particularly enjoyed school, and our flex days have enabled him to continue attending, knowing that he has days away from school too. He shares his learning with his class (see photo). This balance has made it easier for him to engage with education without feeling overwhelmed or disinterested.

I believe that without flexischooling, he would have found it harder and harder (not easier, as people often claim) to continue attending school full time.

