

# Finding the Flex Voices Parent/Carer

J is a parent and ex-primary school teacher who had to give up work due to chronic illness. Her son had to cope with frequent worry and separation from his mother at a young age; with the support of grandparents, flexischooling allowed them to reclaim some of that lost time and connection.

## Why flexischooling?

1

Due to my chronic illness, our child missed out on experiences and time with me. I wanted to reclaim that lost connection to prevent emotional or behavioural issues.

2

I didn't want our child to feel that being different was a negative thing.

3

While I love school life, I also know its limitations. Flexischooling gave us the chance for more child-led learning and to nurture intrinsic motivation.

4

As an ex-teacher, I wanted to share my expertise and ignite a lifelong curiosity and love for learning in our child.

5

During teacher training, I saw how early formal education can sometimes diminish children's love for learning. Flexischooling provided a balance, offering benefits seen in countries with later school starts.

“

Our child has thrived both in and out of school. His school reports each year are a glowing commendation, meeting all expected curriculum criteria and most importantly, his mental health has stayed strong.

## The benefits we've seen

The extra afternoon each week helped me achieve much more with my child.

We adapted school lessons creatively, such as a Super Mario-themed day, making learning more engaging.

Flexischooling allowed us to encourage autonomy in our child, to strengthen his voice and his courage in using it. He played an active role in planning our flexischooling sessions, which helped with his motivation and engagement. As a result, he has thrived both academically and mentally.

I am so grateful that the opportunity to flexischool allowed my child to see me in a different light, beyond my limitations and complex health needs.

