

# Finding the Flex Voices Parent/Carer

D recently started her flexischooling journey with her son, who attends a specialist secondary school. Already they've sailed, learnt circus skills, practiced online safety through Minecraft, participated in forest school, horse therapy and animal care AND planned, budgeted, shopped for and cooked meals.



**Flexischooling is the best decision we've ever made. My child has a rounded balance in terms of his education and is flourishing but most importantly is the happiest he's been in years.**

## Why flexischooling?

1

My child has struggled since day one in a specialist secondary setting due to trauma from mainstream schooling.

2

The only time he ever settled was during home education when no suitable settings were available.

3

Flexischooling gives him the structure and expertise of core subjects within school.

4

It also allows for nurturing, one-to-one learning in outdoor environments, which suits his visual learning style.

5

No traditional school offers this type of environment, so flexischooling was the clear choice for us.

## The benefits we've seen

My son would pace my hall for hours every school night with built up anxiety, often only getting at best 4 hours sleep and at worst no sleep for over 3 nights.

Adding flexi has massively improved his mental health and well-being overall and in turn mine as we now both sleep better.

Childhood isn't just about learning it's also about exploration and what better way than child led? Take the brakes off a little and let them show you their learning abilities their way.

He is doing fun things through visual child led learning which in turn is keeping him focussed and engaged and is learning far more about life experiences which will help him in future years to be a part of his community.

