

Finding the Flex Voices Parent/Carer

Rachel's son P struggled with school from P2 onwards, attending 50-80% of the time. He masked at school, showing his distress only at drop offs and home. He was much happier during the Covid lockdowns and started flexischooling in 2021.



He has gone from 50% attendance and crying every day, to 75% in lessons and first into school. He covers the other 25% at home - maths and languages - so he is getting a full education.

Why flexischooling?

1

The school environment was overwhelming for him, particularly the number of students.

2

He was unhappy going to school and coming home.

3

School couldn't meet his needs for quiet learning with a safe person.

4

We wanted him to have the benefits of school to learn about social skills and group work.

5

We knew that he could thrive at school if he wasn't overwhelmed.

The benefits we've seen

Flexischooling has made my son so much happier. At home, we have used the time to work on skills that help him learn, such as taking work to a quiet space and understanding his emotions. He has taken ownership of his education, like finishing school projects at home rather than relying on teachers to tell him what to do.

Because he isn't overwhelmed, he is able to learn and take on new responsibilities, like starting up a new club at school. He is now a confident young man who wants to get a full education and is able to advocate for his own needs to achieve this goal. We couldn't have done this if he had stayed at school full time as he was too overwhelmed to learn these skills.

A few years ago we were on the path to full emotional based school absence, and flexi saved us from that.

