

Finding the Flex Voices Parents/Carers

Sarah's daughter Tess attended a London primary school with a flexischooling policy, allowing families to access 'flexi Fridays.'



Why flexischooling?

- Tess initially found the school environment challenging and became very resistant to going in Year 3.
- Her school allowed flexischooling half a term at a time, enabling us to dip in and out, responding to her needs and our schedules.
- We had a busy, noisy household at the time, with three small children and Tess has always felt happiest in peace and quiet.
- The beauty of a flexischooling day for her was that she could decompress and set the pace, doing more of what she loved: reading, drawing, imaginative play outdoors etc.
- It just FELT right for her at the time. And I love that flexischooling embraces parents' intuition about what is best for their child.

The benefits we saw

Very quickly, the awful Sunday nights and tearful drop offs stopped.

Tess was able to engage in education on the school days as her social and emotional needs were better met through the flexischooling arrangement.

It was definitely a better balance for her so everyone was happier as a result. For starters, her teacher no longer had to coax her into the classroom in the mornings!

I feel so lucky that we were able to offer her space and time to pursue her own love of learning, at this pivotal time in her development. She's now fourteen and in full time school but remains most passionate about the interests she can pursue independently.

We will be forever grateful that her beautiful school made this possible.



Looking back, I think the relief and promise of this low pressure day is the reason we avoided entrenched problems with school attendance.

